

## Tentative Schedule for Summer Maktab 2018

### **July 4th - KnockerBall Soccer - Opening class**

**Location:** IFN soccer field

**Timing:** 10:00 AM to 11:30 AM

5 minute discussion on the physical characteristics of the Prophet (upon him be peace) and how he made fitness a priority

### **July 11th - Zakah + Release Stress**

**Learning Objective:** Lecture + Discussion on why Zakah is a pillar of Islam (5-10 minutes)

#### **Secondary objective**

Release your Stress Activity

Students will write down their stress, have a paper ball fight and then discuss their stress.

Students will learn empathy and strategies on battling loneliness.

Location - IFN LRC

Sisters - 10 AM to 11 AM

Brothers - 11 AM to Noon

**July 18th** - Swimming (Separate session for brothers and sisters)

**Learning Objective:** Establish a relationship with each other

Ice-breaker with small group discussions.

Relay race + Pool basketball

**Secondary objective**

Discussion in the pool on time management in the Summer.

**Location -**

31040 Sage Ct

Green Oaks IL 60048

Sisters - 10 AM to 11 AM

Brothers - 11 AM to Noon

**July 25th** - 'The Quest for Excellence'

**Learning Objective:** Learn the definition of Ihsan (Performing the best in what we do)

Students present their career goals - What do you want to be when you grow up

## **Secondary objective**

Interview parents on what their career goals are

Location - IFN LRC

Sisters - 10 AM to 11 AM

Brothers - 11 AM to Noon

## **August 1st- Biking**

Learning Objective : Learn the benefits of biking

Location: Independence Grove, Libertyville

Brothers and sisters combined from 10:00 AM to 11:30

Timing: Meet at 9:45 AM sharp

Guest speaker at 10:00 pm (Bike expert from George Garner Cyclery Bike Shop)

Parents, pick up your child at 11:30 AM

Recommendation: Bring water bottles and granola bars!

**Sit in a circle** - Class discussion on 1 aspect of your life that you want to improve and why with relationship to Allah. How will you do so?

1 aspect of your life that you want to improve with people. How will you do so?

1 aspect of your life that you want to improve and why with yourself. How will you do so?

### **August 8th - Hajj/Umrah**

**Learning objective** - Discussion on why we should go for Hajj/Umrah

Watch a National Geographic film which follows three pilgrims from Malaysia, South Africa, and the United States as they travel to Mecca for the hajj.

Combined class (10:00AM to 11:30 AM)

### **Secondary objective**

Discuss the spring Break Umrah trip

Eid al Adha preparation (August 20)